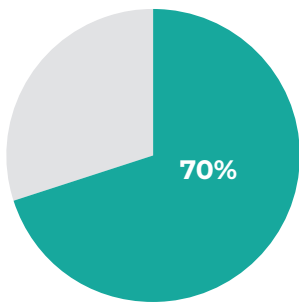


SOCIAL ISOLATION & LONELINESS IN OLDER ADULTS

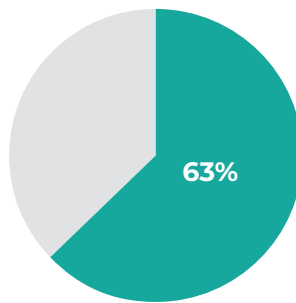
PROFILE OF OLDER WINNIPEGGERS' HEALTH AND WELL-BEING

This fact sheet provides a profile of older Winnipeggers' health and well-being. The information is based on 2,769 Winnipeggers aged 55 years and older who participated in the Canadian Longitudinal Study on Aging. These data were collected before COVID-19.

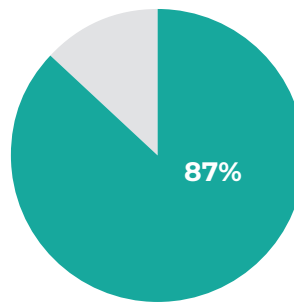
Among Winnipeggers aged 55 years or older ...



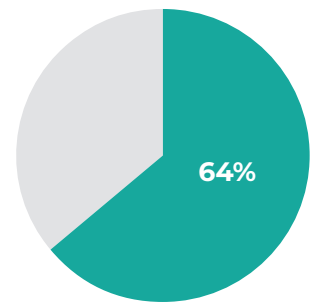
were satisfied or extremely satisfied with their life



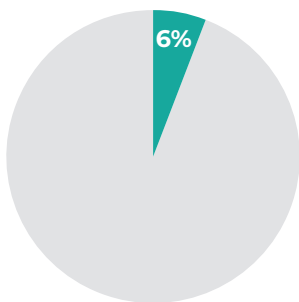
felt happy most to all of the time



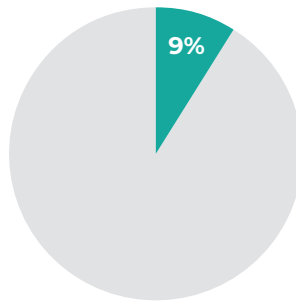
said their general health is good, very good, or excellent



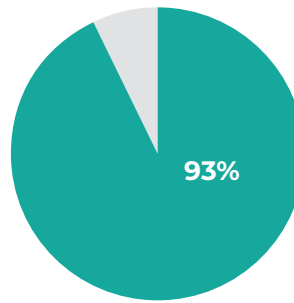
were usually free of pain



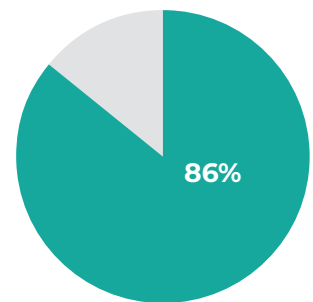
had a fall in the last 12 months



experienced high levels of psychological distress



said their mental health is good, very good, or excellent



had no functional impairment