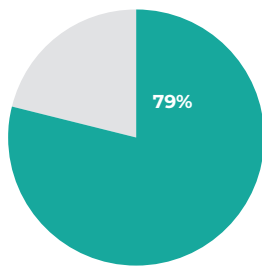


SOCIAL ISOLATION & LONELINESS IN OLDER ADULTS

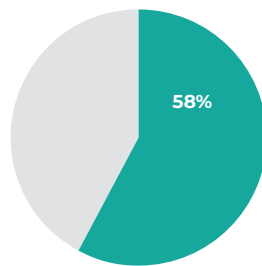
HOW DO HEARING PROBLEMS AFFECT OLDER WINNIPEGGERS?

This fact sheet is based on 2,769 Winnipeggers aged 55 years and older who participated in the Canadian Longitudinal Study on Aging (CLSA). These data were collected before COVID-19. CLSA participants were asked: "Is your hearing (using a hearing aid if you use one) ..." [excellent, very good, good, fair, poor]. 17% of participants answered that their hearing was fair or poor.

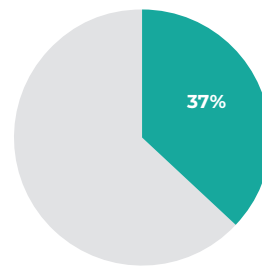
Among the 17% of Winnipeggers aged 55 years or older who reported that their hearing (using a hearing aid if they use one) was fair or poor ...



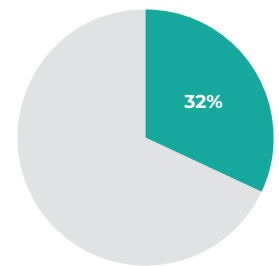
79% found it difficult to follow a conversation if there is background noise, such as TV, radio or children playing, even if using a hearing aid, compared to 37% of those who said their hearing was good, very good, or excellent.



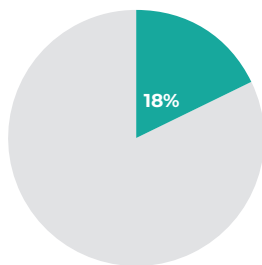
58% said that a hearing problem causes them difficulty when in a restaurant with relatives or friends, compared to 22% of those who said their hearing was good, very good, or excellent.



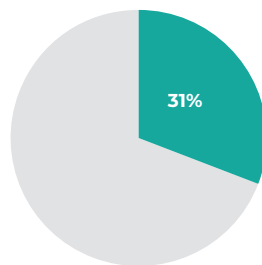
37% said they felt handicapped by a hearing problem, compared to 6% of those who said their hearing was good, very good, or excellent.



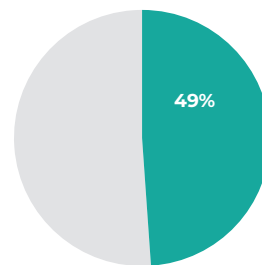
32% said that a hearing problem causes them to feel embarrassed when meeting new people, compared to 7% of those who said their hearing was good, very good, or excellent.



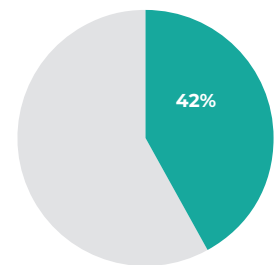
18% said that a hearing problem causes them to have arguments with family members, compared to 5% of those who said their hearing was good, very good, or excellent.



31% said that difficulty with their hearing limits or hampers their personal or social life, compared to 6% of those who said their hearing was good, very good, or excellent.



49% said that a hearing problem causes them to feel frustrated when talking to family members, compared to 13% of those who said their hearing was good, very good, or excellent.



42% said that a hearing problem causes them to have difficulty when visiting friends, relatives, or neighbors, compared to 9% of those who said their hearing was good, very good, or excellent.