

SOCIAL ISOLATION & LONELINESS IN OLDER ADULTS

PROFILE OF SOCIALLY ISOLATED OLDER WINNIPEGERS

Social Support

33% of socially isolated older Winnipeggers aged 55 or older don't always have somebody to confide in.

44% of socially isolated older Winnipeggers aged 55 or older don't always have somebody who would help them if they were confined

Internet Access

12% of socially isolated older Winnipeggers aged 55 or older don't have internet access, compared to 4% of those not socially isolated.

Neighbourhood Safety

21% of socially isolated older Winnipeggers aged 55 or older say that people would be afraid to walk alone after dark in their neighbourhood, compared to 13% of those not socially isolated.

18% of socially isolated older Winnipeggers aged 55 or older report that vandalism and graffiti are a big problem in their neighborhood, compared to 10% of those not socially isolated.

Mental Health & Well-Being

24% of socially isolated Winnipeggers aged 55 or older are depressed, compared to 13% of those not socially isolated.

44% of socially isolated Winnipeggers aged 55 or older are not satisfied with their life, compared to 26% of those not socially isolated.



TARGETING
ISOLATION

targetingisolation.com

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Data source: Canadian Longitudinal Study on Aging (before COVID-19)