

SOCIAL ISOLATION & LONELINESS IN OLDER ADULTS

PROFILE OF OLDER WINNIPEGGERS' TRANSPORTATION USE

This fact sheet provides a profile of older Winnipeggers transportation use. The information is based on 2,769 Winnipeggers aged 55 years and older who participated in the Canadian Longitudinal Study on Aging. These data were collected before COVID-19.

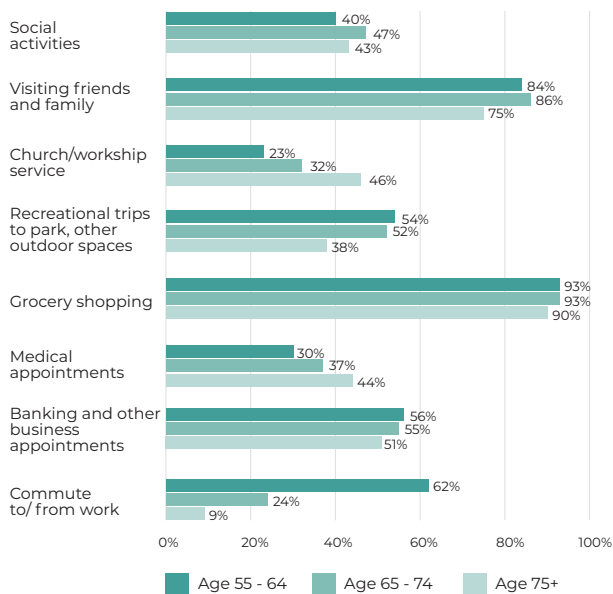
Driving is the most common form of transportation



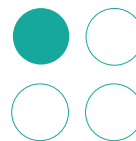
4 in 5 Winnipeggers aged 65 or older said that driving a motor vehicle was their most common form of transportation in the last year (84%). The percentage was similar for those aged 55-64 (83%), 65-74 (84%), and 75+ (84%) years old.

Where do older Winnipeggers go?

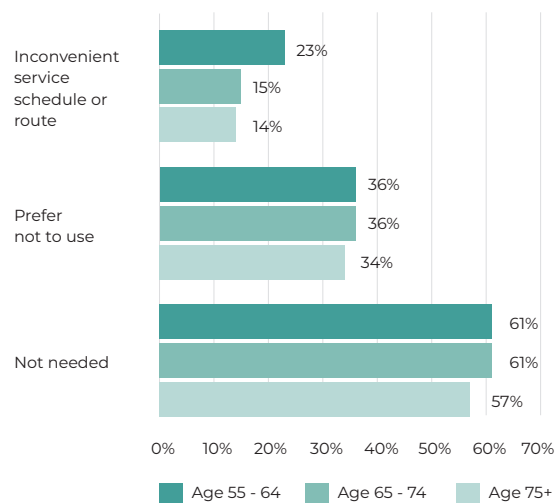
Research participants were asked what kind of trips they typically make in a week, whether by car, public transit, walking, or other means:



Public transit use



1 in 4 Winnipeggers aged 65 or older used public transit in the last month (24%). The proportion was slightly higher among those aged 55-64 (27%), and slightly lower among those aged 75+ (22%). Reasons for not using public transit included:



Taxi use

16% of Winnipeggers aged 65 or older used a taxi in the last month. The proportion was higher among those aged 55-64 (20%), and those aged 75+ (19%).

Cycling

13% of Winnipeggers aged 65 or older cycled in the last month as a form of transportation. The proportion was higher among those aged 55-64 (23%), and lower among those aged 75+ (7%).